

Claims

[c1] What is claimed is:

1. A multifunction multi-conversion striking apparatus usable as a combination speed bag and/or striking apparatus with the ability to fit against the inner or outer corner of a wall comprising:
 - multiple bases with multiple inner cavities and mounting means on their periphery that permit the attachment and detachment of wheel assemblies;
 - means for securing said multiple bases together, said securing means include upper and lower interlocking cross-members;
 - multiple removable columns upon said bases;
 - wherein said columns adjust in the vertical position and the bottom most columns have a point of origin that starts from within said bases from which they then extend vertically upward;
 - a speed bag assembly attached onto one of said multiple columns;
 - a striking pad assembly attached onto one of said multiple columns;
 - multiple striking pad assemblies;
 - wherein said striking pad assemblies comprise means for

a heavy bag conversion for use as a traditional hanging heavy punching bag, means for a portable conversion for easy travel use against the inner or outer corner of an available wall or suitable brace, and means for a hand-held conversion that allows one person to hold said striking pad as a moving target while a separate person strikes said pad.